

## Talk PANTS with Signalong book



YOUR

NAME



**NSPCC** 





There's also a separate parents' guide for your trusted adult to read too.

Enjoy talking PANTS with Signalong!



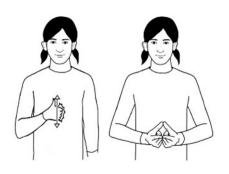


## PANTOSAURUS' FIVE RULES FOR STAYING SAFE



- 1 PRIVATE PARTS ARE PRIVATE
- 2 YOUR BODY IS YOURS
  - 3 IT'S OKAY NO
  - TALK ABOUT
    BAD SECRETS
    - 5 ADULTS CAN HELP







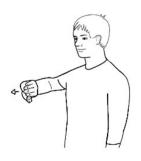


private

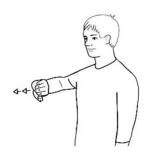












Your

body

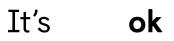
is **y**c

yours











say

to



no











Talk about

bad

secrets











can



help

You might want to use this space to draw or stick photos of some of the adults you trust.







Colour



Photography



